

## Unit 13

### Basic Restorative Services

#### Terminology

1. **Active range of motion** - performed by the resident.
2. **Ambulation** - moving about or walking in an upright position.
3. **Assistive Device** - apparatus that enables an individual to perform activities by compensating for a disability.
4. **Immobilize** - cause a part of the body to be unmovable- (e.g., casts or splints applied to limbs).
5. **Passive range of motion** - is performed by a health care worker when a resident is unable to carry out such movements, or when active range of motion is medically contraindicated.
6. **Potential** - capable of development into actuality.
7. **Prosthesis** - an artificial substitute for a missing body part (e.g., dentures, artificial limbs).
8. **Restoration/Rehabilitation** - process of restoring a disabled individual to the highest level of physical, psychological, social and economic functioning possible.
9. **Range of Motion (ROM) exercises** - a series of exercises designed to move each joint through its range.